SMITH FOR CHRIST

TEACHING THE WORD · WATCHING THE TIMES

REFLECTION JOURNAL · FIVE DAYS

Luke

Chapter 24

He Is Not Here, but He Has Risen

MEMORY VERSE · LUKE 24:32

"They said to one another, "Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?""

THIS JOURNAL BELONGS TO _____

BEFORE YOU BEGIN

This week in Luke 24

The men in this chapter start the day with spices for a dead body and end it with burning hearts. The risen Jesus walks with the discouraged, opens the Scriptures, and shows His wounds to frightened friends. This week He is not among the dead — He is walking with you, and He wants to be asked to stay.

How to use this journal

1. Each day, read the passage slowly — out loud if you can.
2. Answer the **Observe** question from the text before you write what it means.
3. Write honestly on the **Reflect** questions. No one grades this.
4. Do the **Respond** step today, not someday. Say the memory verse.
5. Bring this journal to the group. The last page is for the table.

The full Deep Dive, the O·I·A study and the slides for this chapter are on the Luke study page.

WHERE I AM AS I START THIS CHAPTER

What is going on in my life right now that I want to bring to God this week?

DAY 1 OF 5

He Is Not Here

READ · LUKE 24:1–12

OBSERVE — WHAT DOES IT SAY?

What did the women bring to the tomb, what did they find, and what did the two men in dazzling clothing tell them to remember (24:1–7)?

REFLECT

The angels asked, "Why do you seek the living One among the dead?" (24:5). In what part of my life am I treating Jesus like a memory instead of a living Lord?

REFLECT

The apostles called the women's report "nonsense" (24:11), but Peter got up and ran to see (24:12). When I doubt, do I walk away or go and look for myself — and what would "running to the tomb" look like for me?

RESPOND — TODAY

Pray today as to Someone alive and listening: tell Jesus out loud one thing you need Him to do.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 24:32)

DAY 2 OF 5

We Were Hoping

READ · LUKE 24:13–27

OBSERVE — WHAT DOES IT SAY?

What were the two disciples talking about, what did they say they had been hoping, and where did Jesus begin explaining the Scriptures (24:14, 21, 27)?

REFLECT

"We were hoping …" (24:21) — and Jesus was already walking beside them. What hope of mine has died, and how might Jesus be walking with me in that very disappointment?

REFLECT

Jesus called them "slow of heart to believe in all that the prophets have spoken" (24:25). Is my struggle with faith right now more about what I know, or about what I trust?

RESPOND — TODAY

Tell Jesus plainly what you were hoping for that did not happen, and then read Luke 24:26 out loud.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 24:32)

DAY 3 OF 5

Stay with Us

READ · LUKE 24:28–35

OBSERVE — WHAT DOES IT SAY?

What did the two disciples urge Jesus to do, what did He do at the table, and what happened to their eyes (24:29–31)?

REFLECT

Jesus "acted as though He were going farther" until they urged Him, "Stay with us" (24:28–29). Where have I let Jesus walk on by because I never really asked Him to stay?

REFLECT

Their hearts were burning while He explained the Scriptures (24:32). When was the last time God's Word warmed my heart, and what has cooled it since?

RESPOND — TODAY

Set a time tomorrow morning to read Scripture, and begin by praying, "Lord, stay with me and open this to me."

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 24:32)

DAY 4 OF 5

See My Hands

READ · LUKE 24:36–43

OBSERVE — WHAT DOES IT SAY?

What did the disciples think they were seeing, what did Jesus show them, and what did He eat in front of them (24:37–43)?

REFLECT

Jesus said, "Why are you troubled, and why do doubts arise in your hearts?" (24:38). What doubt or fear rises in my heart most often, and what does seeing His wounds say to it?

REFLECT

Jesus has "flesh and bones" and ate "a piece of a broiled fish" (24:39, 42). Why does it matter to me that He rose in a real body, not just as a spirit?

RESPOND — TODAY

Look at your own hands today and thank Jesus that His nail-scarred hands are real and still reaching for you.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 24:32)

DAY 5 OF 5

You Are Witnesses

READ · LUKE 24:44–53

OBSERVE — WHAT DOES IT SAY?

What did Jesus say must be proclaimed to all the nations, where was it to begin, and what were the disciples to wait for (24:47–49)?

REFLECT

"You are witnesses of these things" (24:48). Who in my "Jerusalem" — my home, my street, my unit or my job — needs to hear what Jesus has done for me?

REFLECT

Jesus told them to wait "until you are clothed with power from on high" (24:49). Where have I been trying to live the Christian life in my own strength?

RESPOND — TODAY

Tell one person today, in a sentence or two, what the risen Jesus has done in your life — and ask the Holy Spirit for power before you do.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 24:32)

WHEN THE GROUP MEETS

Questions for the table

FOR THE GROUP · 1

Nobody in Luke 24 expected the resurrection — not the women, not the apostles, not the two on the road (24:1, 11, 21). How does their slowness to believe help us trust their testimony, and help us be patient with men who doubt?

FOR THE GROUP · 2

Jesus opened their eyes (24:31), opened the Scriptures (24:32) and opened their minds (24:45). Which of those openings do you most need right now, and how can our group pray for it?

FOR THE GROUP · 3

The last thing the disciples saw was Jesus with His hands lifted, blessing them, and they went back "with great joy" (24:50–52). What would change in how we meet together if we really believed His hands are still raised over us?

MY PRAYER

Risen Lord Jesus, stay with me — it is getting toward evening — and open my eyes to…

CUT OUT · CARRY IT · LUKE 24:32

"They said to one another, "Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?""