SMITH FOR CHRIST

TEACHING THE WORD · WATCHING THE TIMES

REFLECTION JOURNAL · FIVE DAYS

Luke

Chapter 22

This Is My Body, Given for You

MEMORY VERSE · LUKE 22:32

“but I have prayed for you, that your faith may not fail; and you, when once you have turned again, strengthen your brothers.”

THIS JOURNAL BELONGS TO _____

BEFORE YOU BEGIN

This week in Luke 22

On the night everyone failed Him, Jesus gave His body for His friends, prayed for the one who would deny Him, and looked at him with love when he fell. This week, whatever you have done, come close to the One who has already prayed for you and is waiting for you to turn back.

How to use this journal

1. Each day, read the passage slowly — out loud if you can.
2. Answer the **Observe** question from the text before you write what it means.
3. Write honestly on the **Reflect** questions. No one grades this.
4. Do the **Respond** step today, not someday. Say the memory verse.
5. Bring this journal to the group. The last page is for the table.

The full Deep Dive, the O·I·A study and the slides for this chapter are on the Luke study page.

WHERE I AM AS I START THIS CHAPTER

What is going on in my life right now that I want to bring to God this week?

DAY 1 OF 5

The Door Judas Opened

READ · LUKE 22:1–13

OBSERVE — WHAT DOES IT SAY?

Who wanted Jesus dead, what entered Judas, and what did he agree to do for money (22:2–6)?

REFLECT

Judas was "one of the twelve" (22:3), close to Jesus, and still sold Him out. What has been slowly growing in your heart — greed, resentment, disappointment with God — that could open a door to the enemy?

REFLECT

Peter and John "found everything just as He had told them" (22:13). Where has God already proved He keeps His word to you?

RESPOND — TODAY

Name one open door in your life out loud to God today, and ask a brother to help you keep it shut.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 22:32)

DAY 2 OF 5

Given for You

READ · LUKE 22:14–23

OBSERVE — WHAT DOES IT SAY?

What did Jesus say about the bread and the cup, and who was sitting at the table with Him (22:19–21)?

REFLECT

Jesus said, "This is My body which is given for you" (22:19). What changes when you put your own name in place of the word "you"?

REFLECT

Jesus said He had "earnestly desired" to eat this meal with His disciples (22:15), knowing they would fail Him. How does it feel to know that Jesus wants to be with you, not just put up with you?

RESPOND — TODAY

Write a short thank-you to Jesus for His body given and His blood poured out "for you" (22:19–20), and read it out loud.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 22:32)

DAY 3 OF 5

Sifted, but Prayed For

READ · LUKE 22:24–38

OBSERVE — WHAT DOES IT SAY?

What were the disciples arguing about, how did Jesus describe Himself, and what did He tell Simon He had done for him (22:24–27, 31–32)?

REFLECT

Right after the Lord's Supper the disciples fought over who was greatest (22:24). Where are you jockeying for position or respect — at home, at work, on the unit, in the group?

REFLECT

Jesus told Peter, "I have prayed for you," before Peter ever failed (22:32). How does knowing Jesus prays for you change the way you face temptation and the way you get back up after a fall?

RESPOND — TODAY

Do one hidden act of service today for someone who cannot pay you back, the way Jesus is "among you as the one who serves" (22:27).

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 22:32)

DAY 4 OF 5

Not My Will

READ · LUKE 22:39–53

OBSERVE — WHAT DOES IT SAY?

What did Jesus pray, what happened to Him while He prayed, and what were the disciples doing (22:41–46)?

REFLECT

Jesus prayed, "not My will, but Yours be done" (22:42). What part of your life are you still trying to keep under your own will instead of His?

REFLECT

The disciples were "sleeping from sorrow" (22:45). When you are grieving or hurting, how do you tend to check out — and how does Jesus' command to "get up and pray" (22:46) help?

RESPOND — TODAY

Before trouble comes today, pray Jesus' words twice: "Pray that you may not enter into temptation" (22:40, 46), naming the temptation you expect.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 22:32)

DAY 5 OF 5

The Look

READ · LUKE 22:54–71

OBSERVE — WHAT DOES IT SAY?

Where did Peter sit, how many times did he deny Jesus, and what did Jesus do when the rooster crowed (22:54–61)?

REFLECT

Peter "was following at a distance" and ended up sitting with the crowd that arrested Jesus (22:54–55). What does following Jesus at a distance look like in your life right now?

REFLECT

"The Lord turned and looked at Peter," and Peter "wept bitterly" (22:61–62) — but Jesus did not give up on him. What failure do you need to bring to Jesus, trusting that He looks at you with love and not rejection?

RESPOND — TODAY

Take one step closer to Jesus today — open the Word, call a brother, or go to the meeting — and tell God honestly where you have denied Him.

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (LUKE 22:32)

WHEN THE GROUP MEETS

Questions for the table

FOR THE GROUP · 1

Judas and Peter both failed Jesus on the same night, but only one came back (22:3, 31–34, 61–62). What makes the difference between a man who falls and stays down and a man who falls and turns back?

FOR THE GROUP · 2

Jesus told Peter, "when once you have turned again, strengthen your brothers" (22:32). How can the men in our group who have been restored help strengthen those who are struggling right now?

FOR THE GROUP · 3

Jesus healed the ear of a man who came to arrest Him (22:50–51). Who has come against us that we need to treat with the same kind of mercy?

MY PRAYER

Lord Jesus, You gave Your body for me and You have prayed for me, so when I fail You I will turn back and ask You to...

CUT OUT · CARRY IT · LUKE 22:32

“but I have prayed for you, that your faith may not fail; and you, when once you have turned again, strengthen your brothers.”